

MICROBLADING/OMBRÉ POWDERED BROWS AFTERCARE INSTRUCTIONS

Proper aftercare is a very important aspect of the long-term success, effectiveness, health, and overall satisfaction with your new ombré powder brow tattoo. It is very important to follow those instructions in order to achieve the best possible results from your permanent makeup procedure. Included here are general permanent makeup aftercare instructions that will help limit any infection or problems and assure a healthy and successful healing as quickly as possible.

INSTRUCTIONS:

DO NOT TOUCH THE HEALING PIGMENTED AREA WITH YOUR FINGERS. THEY MAY HAVE BACTERIA ON THEM AND CREATE AN INFECTION

The day of the treatment: Absorb

Gently blot the area with clean tissue to absorb excess lymph fluid. Do this every 30 minutes for the full day until oozing has stopped. Removing this fluid prevents hardening of the lymph. Do not apply any ointment on brows on this day.

Days 1-7: Wash

Wash daily to remove bacteria and dead skin. (Don't worry, THIS DOES NOT REMOVE THE PIGMENT!)

On the next day, gently wash your eyebrows each morning and night with water and an antibacterial soap like Dial Soap, or Cetaphil. With a very light touch, use your fingertips to gently cleanse the eyebrows. Rub the area in a smooth motion for 10 seconds and rinse with water ensuring that all soap is rinsed away. (NO SCRUBBING). To dry, gently pat with a clean tissue. DO NOT use any cleansing products containing acids (glycolic, lactic, or AHA), or any exfoliants.

Days 1-7: Moisturize

Apply a rice grain amount of aftercare ointment with a cotton swab and spread it across the treated area with Q-tip. Do this morning and night, up to 3x a day. Be sure not to over-apply as this will suffocate your skin and delay healing. The ointment should be barely noticeable on the skin. Never put the ointment on a wet or damp tattoo.

OILY SKIN: If you have oily skin, start the ointment application on Day 3.

- Let any scabbing or dry skin naturally exfoliate away. Picking can cause scarring or loss of color. DO NOT rub, pick or scratch the treated area.
- The procedure may have some peeling on or around the third day. This is a normal part of the healing process on some clients.
- Do not apply makeup over healing areas
- No tinting of brows within 2 weeks after your appointment
- Avoid excessive sweating/exercise, sun, saunas, and swimming (including chlorinated pools or jacuzzies, the ocean, or recreational bodies of water). You may start exercising 10 days after healing.
- Avoid facials, Botox, chemical treatments, or microdermabrasion 6 weeks after your procedure
- Avoid gardening and limit contact with animals near your face
- Do not run or traumatize the procedure area while it is healing
- Use a broad-spectrum sunblock after area has healed to slow fading
- Do not use products containing AHA's on or near pigmented areas including glycolic or lactic acids or
- Retin-A products (they will fade the pigment)
- Avoid products containing Aloe Vera, Vitamin E during the healing time
- Do not donate blood for one year after the procedure, per the Red Cross

Important note about showering:

Limit your showers to 5 minutes so you do not create too much steam. Keep your face/procedure out of the water while you wash your body, then, at the end of your shower, wash your hair. Your face should only be getting wet at the very last end of the shower. Avoid excessive rinsing and hot water on the treated area.

Follow up appointments should be scheduled between 6-8 weeks after the initial procedure. New procedures are sometimes a two-step process and final results are sometimes not determined until the follow up visit is completed. Do not judge your procedure while it is in the healing process as it may require a follow up.

If you experience excessive itching, swelling, blistering or any other complications post-procedure, STOP using the aftercare product and contact your technician immediately, you may be allergic to the aftercare product

All tattoos carry the inherent risk of infection and/or allergic reaction, so if swelling, pain, bruising persists for more than a few days, it may be a sign of infection, so be sure to contact your doctor right away

Any operations such as botox, facial laser treatments or chemical peels will affect the pigment from the procedure and the overall appearance. Please notify your physician prior to performing those services.

AVERAGE HEALING TIME AND PROCESS:

Average healing time will vary from person to person and will depend on several physiological factors that include age, skin type, circulation, hormonal cycles, and how easily and/or severely you swell and bruise. Generally, as with any type of skin trauma, older looser skin tends to take a bit longer than younger skin to heal. Other factors that may affect healing time include diet, excessive physical activity, exposure to direct sunlight, and any medications you might be taking.

HEALING SCHEDULE

If you've never had permanent makeup done before, there are a lot of unknowns. One of the most common questions we're asked is what to expect during the healing process. While every person is different and some heal more quickly or slowly than others, here's generally what to expect.

Temporary side effects from permanent makeup include but are not limited to: redness, swelling, puffiness, bruising, dry patches and tenderness.

You should expect to lose approximately 1/3 of the initial color during the healing process. We have selected the optimal pigments for you with this in mind. In approximately six days it may appear too light. After about 10 days, the color will show more. It will appear softer when completely healed.

Day	Effect
1	The eyebrows are approximately 20-25% bolder and darker in width than they will be when healed. Expect light to moderate swelling and redness. The skin's redness causes the color of the pigment to appear darker. There is some swelling, although difficult to actually see due to the thickness of the skin in the eyebrow area. This will subside. Exfoliation, which begins in a few days, will cause the excess pigment surrounding the eyebrow to flake away and a more narrow appearance will result. New skin will heal over the pigmented area and result in a softer appearance of your eyebrows. Don't be concerned that your eyebrows initially appear darker and heavier in size than you desire. This is all part of the process.
2	Conditions remain the same.
3	Eyebrows start to itch and will appear a bit thicker in texture. Exfoliation begins.
4	The skin begins to flake, peeling from the outside edges first.
5	Color finishes flaking off and appears softer and grayer for a few days until color clarifies.
6	The color has lightened from its initial overly-dark appearance. For the next few days, the color may now be lighter than what the final color will be.
10	The final color begins to stabilize and show through. The color will continue to soften as the healing process completes.

